




## CAC VIRTUAL TRAINING CALENDAR: January – March 2025

### FREE VIRTUAL PRESENTATIONS VIA MICROSOFT TEAMS

**Registration Information:** Make sure you click the “continue” button after you see the pop-up “Sign in Successful”. There is 1 more step to register. Once you register, you will receive a confirmation email with the MS Teams link.

DATE, TIME & REGISTRATION LINK	PRESENTATION DESCRIPTION
<p><b>Tuesday January 7, 2025 10:00 – 12:00</b></p> <p>Presented by: <b>Ann Pimentel-Kerr</b> CAC Specialist The Children's Advocacy Center The Howard Phillips Center for Children &amp; Families</p> <p>Registration Link: <a href="#">Publisher Portal</a></p>  <p>(January is Human Trafficking Awareness Month)</p>	<p><b><u>BOYS DOCUMENTARY ~ Screening &amp; Discussion</u></b></p> <p>Sex trafficking is a worldwide epidemic, a tragedy that affects women, men, and children.</p> <p><b>Men and boys</b> throughout the United States fall victim to modern-day slavery and are forced to sell their bodies for sex. While the movement of sex trafficking has brought significant awareness to female victims of trafficking, males have been starkly overlooked.</p> <p>Boys Documentary seeks to do just that - bring validity to the truth that males are victims of sex trafficking here in the United States.</p> <p>Through their interviews, Chris, Anna, and Kartal gained an understanding of what male sex trafficking looks like within the United States. In search of an answer to the enormous problem, they found the rebounding voices of the men who identify as ones with lived experience as the most palpable testimony to healing and reliance. Here in Boys Documentary, they hold space for their stories to be seen, heard, and known.</p> <p>Boys Documentary tells the narrative of male sex trafficking through the voices of four brave men and a collection of allies who stand with them in solidarity.</p> <p>BOYS Documentary is a clear statement that absolutely boys and men are sex trafficked and our humanities response to be the antidote to this crime by standing with survivors.</p> <p><i>Participants will participate in viewing the documentary and have discussion throughout the film.</i></p> <p><b><u>(Approved for DCF Human Trafficking certification hours)</u></b></p>



**Children's  
Advocacy Center**

Orlando Health Arnold Palmer Hospital for Children

**Tuesday**

**January 14, 2025**

**10:00 – 12:00**

Presented by:

**Ann Pimentel-Kerr**

CAC Specialist

The Children's Advocacy Center at  
The Howard Phillips Center for  
Children & Families

Registration Link:

[Publisher Portal](#)



**SEXTORTION – The hidden pandemic Documentary film & discussion**

"Sextortion" documentary is an expose into the world of online grooming and sextortion of children- an increasingly growing threat in today's digitally connected world. By unsealing the HSI case of a top gun pilot with hundreds of victims, and interviewing victims and their parents, this true-crime piece opens the eyes of viewers as to how this atrocious crime is becoming wide-spread.

Participants will be able to:

- Define sextortion
- Explain common tactics and threats used by extorters
- Learn how to avoid being sextorted online
- Outline options available to victims of sextortion

An insider look into one of the largest sextortion cases investigated by Homeland Security and DOJ on American soil, as various experts, parents and victims sound the alarm on the fastest growing cybercrime against children ever.

**Tuesday**

**January 28, 2025**

**10:00 – 12:00**

Presented by:

**Ann Pimentel-Kerr**

CAC Specialist

The Children's Advocacy Center at  
The Howard Phillips Center for  
Children & Families

Registration Link:

[Publisher Portal](#)



**Why Positive & Adverse Experiences Matter (PACES)**

Childhood trauma is the result of an event or a series of events which cause a child to feel helpless and pushed beyond their ability to cope. Trauma affects children differently depending on their age, personality, and past experiences. When a child is traumatized, it affects the whole child: their mind, body, spirit, and relationships with others.

This presentation will cover the following:

- Define Adverse Childhood Experiences (ACEs)
- Understand the impact of Adverse Childhood Experiences (ACEs), trauma, and toxic stress on health, behavior, learning, the economy, and our community
- Share protective factors that help to prevent ACEs
- Explain strategies to heal trauma and build resilience
- Define what it means to be trauma informed and the various stages of development on that journey



## Children's Advocacy Center

Orlando Health Arnold Palmer Hospital for Children

**Tuesday  
February 4, 2025  
10:00 – 12:00**

Presented by:  
**Ann Pimentel-Kerr**

CAC Specialist  
The Children's Advocacy Center at  
The Howard Phillips Center for  
Children & Families

Registration Link:  
[Publisher Portal](#)



### **DARKNESS TO LIGHT ~ STEWARDS OF CHILDREN**

#### **Sexual abuse prevention training**

Darkness to Light's Stewards of Children® provides actionable behaviors that create prevention-oriented communities. Participants will exit the training being able to engage in conversations about child sexual abuse prevention with other adults and enact prevention policies where children live, learn, and play. They will also be able to recognize and react to boundary violations as well as suspected child abuse and disclosures. Participants will transfer the skills they learn into their communities, helping to embed prevention practices into their communities and help embed prevention practices within their spheres of influence to help proactively prevent child sexual abuse.

Learning objectives include:

- Recognize the power and impact you have within your sphere of influence
- Distinguish between the myths and facts of child sexual abuse
- Examine ways to minimize opportunities for abuse in a variety of situations including online and gaming environments
- Discuss strategies to bridge cultural gaps that may potentially inhibit open communication

**Tuesday  
February 18, 2025  
10:00 – 12:00**

Presented by:  
**Kathryn Ross**

Outreach coordinator and  
Community Liaison  
Planned Parenthood of Southwest and  
Central Florida

Registration Link:  
[Publisher Portal](#)



### **TIME FOR YOUR TEEN**

*Time for Your Teen* is workshop designed to equip parents, caregivers, and youth development professionals with the knowledge and tools to foster open, honest, and meaningful conversations about sex and sexuality with the youth in their care. Participants will explore topics such as family values, communication strategies, adolescent development, sexual health resources, and how to initiate sex-positive discussions.

Participants will develop their skills in and understanding of:

- opening lines of communication with their child
- utilizing teachable moments
- new ways of communicating
- listening when discussing sensitive topics
- getting past roadblocks in talking about sex; and
- helping youth make decisions about abstinence, contraception, and overall healthy relationships (romantic, peer, and trusted adults)



## Children's Advocacy Center

Orlando Health Arnold Palmer Hospital for Children

**Friday  
March 7, 2025  
10:00-12:00**

Presented by:  
**Renee Cherowitz** MS, Cht, CCTP, QS,  
LMHC Master Trained ART therapist  
EMDR Trained Certified  
Clinical Trauma Specialist

Registration Link:  
[Publisher Portal](#)



### THE COMPLEX INTRICACIES OF THE NARCISSIST AND THEIR VICTIMS

The topic of narcissism is all too common anywhere one may look on social media. Unfortunately, there is a lot of misinformation that is currently being presented that may be harmful to social media consumers. There is not a "one size fits all" description of a narcissist, which adds to the complexity of understanding this topic. This presentation will provide a deeper understanding of the characteristics and traits of a narcissist, and the effects they have on the lives of others. Helpful tools and resources will be provided that may be utilized immediately for the healing process.

After the presentation, participants will:

- Learn the different types of narcissism & defining characteristics of narcissistic behavior
- Define and explain trauma bonding
- Identify traits victims of narcissistic abuse display
- Learn 3 ways to heal from narcissistic abuse

**Tuesday  
March 25, 2025  
10:00-12:00**

Presented by:  
**Heather Galvin, LCSW**  
Clinical Supervisor  
The Healing Tree  
The Children's Advocacy Center

Registration Link:  
[Publisher Portal](#)



### HARM REDUCTION - Strategies for Youth

Understanding harm reduction is a strategy to reduce risks and increase protective factors. Adolescence is a time of experimentation and risk-taking behaviors. Some of these behaviors are coping mechanisms resulting from trauma and abuse, leading to addiction and long-term consequences. Once engaged in these behaviors, such as substance misuse, high risk sexual behavior, or self-harm, abstaining can be difficult or rejected by youth.

The premise of harm reduction is to reduce the risks associated with these behaviors, while increasing protective factors such as alternate coping skills, social engagement, and supportive family interaction.

Learn how harm reduction can be an effective tool to reduce or minimize consequences of negative or risky behaviors.



## Children's Advocacy Center

Orlando Health Arnold Palmer Hospital for Children

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Trainings are at no cost ~ you do have the option to donate to the CAC at [www.caccentral.com](http://www.caccentral.com)

**If you wish to schedule a training or presentation specifically for your organization, feel free to contact:**

[ann.pimentel@orlandohealth.com](mailto:ann.pimentel@orlandohealth.com)

*Please note: There are times that a training may need to be rescheduled or canceled. Registrants will be notified of any changes.*

An evaluation link and certificate of attendance will be provided upon *completion* of each training.